

SELF-CONTROL AND TO BLESS

Spice of Life

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Key Passage: *John 10:10*

1. We were made to be self-controlled.
 - a. Without self-control, we are _____.
Proverbs 25:28; Titus 3:3
 - b. _____ us to be self-controlled.
Titus 2:12-13
 - c. We need to control our:
 - Thoughts.
 - Don't _____. *2 Timothy 4:5*
 - Don't get _____. *1 Peter 4:7*
 - _____.
 - Rashness *Proverbs 19:2*
 - Anger *Proverbs 14:17*
 - Appetites – food, sex, getting high
1 Thessalonians 5:7-8
 - d. The opposite of self-control is self-_____.
Matthew 23:25
 - e. The _____ gives us the power for self-control. *2 Timothy 1:7; Galatians 5:22-23*
2. We were made to bless others. *Ephesians 2:10*
 - a. We are given _____ to bless others.
1 Corinthians 12:7
 - b. When we focus on ourselves, life _____.
Proverbs 28:22; 18:1
 - c. _____ comes to the one who blessed.
Acts 20:35; Proverbs 11:25
3. There is no “_____” for life.
 - a. When we _____ the spices of life, we try for “all spice.” *Ecclesiastes 10:19*
 - b. “All spice” leads to _____ life.